

Good Morning Pattaya!

Daryl Forsythe





Sharing Health Care Information

Happy to be in
Thailand

Grateful for expat
groups

Observation about
healthcare
discussions in
meetings

Proposal



Encourage sharing of healthcare cost information



Emphasize importance for self-insured members



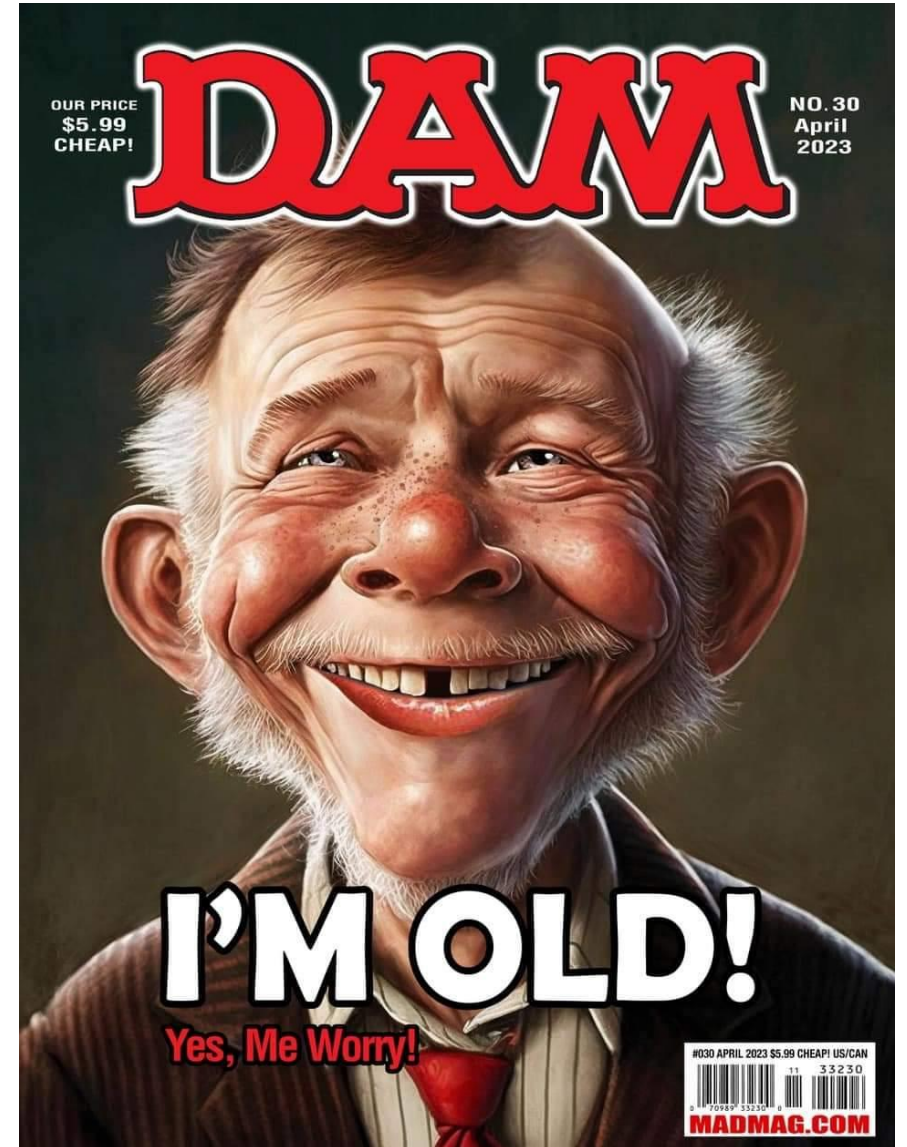
Setting the stage for personal experience sharing



Personal Experience

- Background on active lifestyle
- Knee issues leading to hospital visit
- Initial visit to a public hospital - cost: \$30





Alternative Treatments

- Visiting private and public hospitals
- Trying alternative treatments
- Challenges and drawbacks of alternative treatments



Military Hospital Option

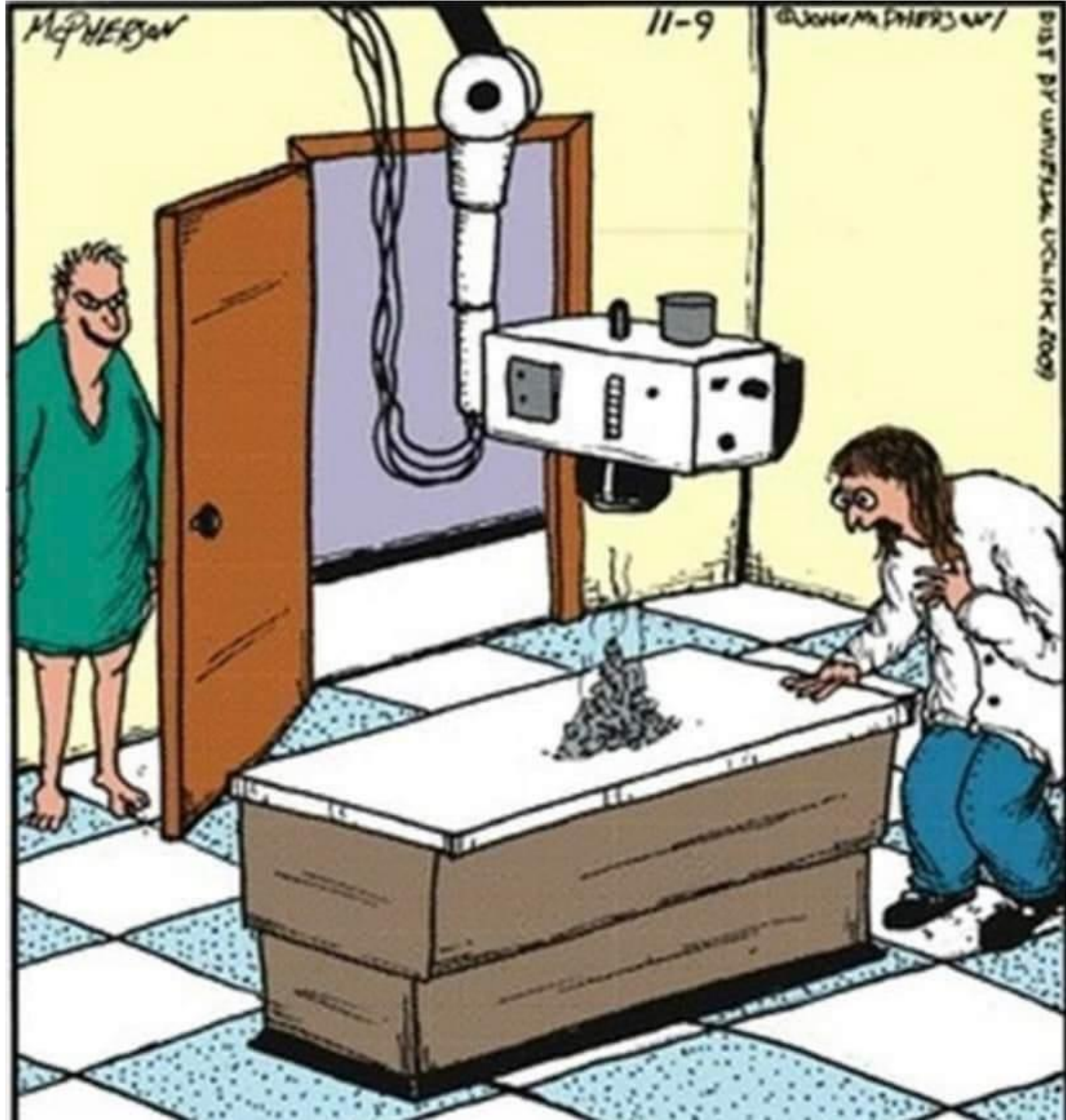
- Exploring Thai military hospitals
- Prioritization system
- Decision to be patient and wait

ลำดับคิวเข้ารับบริการ

- 1** ผู้ป่วยอาการหนัก
Patients with Serious illness & Injury
- 2** ผู้สูงอายุ (อายุมากกว่า 80 ปี)
Seniors (Over 80 year)
- 3** ข้าราชการทหารชั้นผู้ใหญ่/ผู้มีอุปการะคุณ
Senior Officer/CEO
- 4** ข้าราชการทหาร/ครอบครัวทหาร
Military Officers' Families
- 5** พลเรือน
Civilian

Setbacks at Military Hospital

- Unexpected delays and issues
- The downside of being patient
- Lesson learned about potential setbacks





Private Hospital Option



- Friend's recommendation for a private hospital
- Meeting Dr. Chatree Klanwarin
- Recommendations for a mobile bearing implant

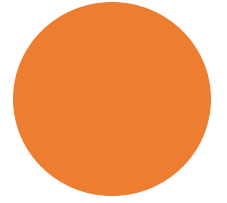
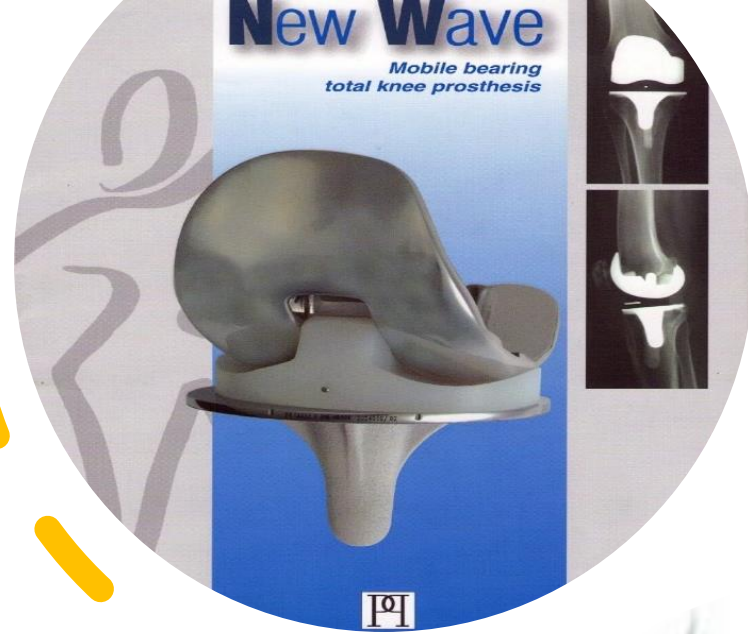
Procedure Details

- Dr. Chatree Klanwarin's experience
- Mobile bearing implant decision
- Package price and scheduling



Surgery Experience

- 2.5-hour surgery with epidural anesthesia
- Unique experience of being awake
- Positive post-surgery experiences



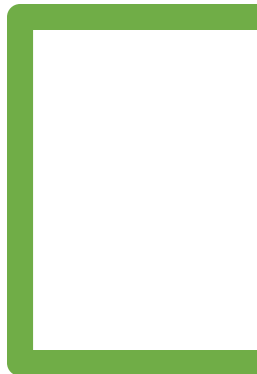
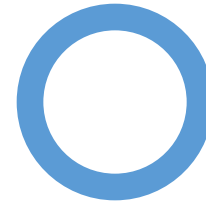


Post-Surgery Recovery

- Elevation and ice treatment
- Limited pain and reduced medication
- Positive outcome and lower total bill

Follow-Up and Conclusion

- Follow-up visit after a month
- X-rays and surgeon's evaluation
- Conclusion about the success of the procedure





Encouraging Healthcare Discussions

- Proposing more meetings on healthcare
- Sharing success stories and cost-saving tips
- Engaging the club in meaningful healthcare discussions

